

1	Name of Syllabus	C. C. IN BEAUTY CULTURE (405201)																																																													
2	Max.Nos of Student	25 Students																																																													
3	Duration	1 year																																																													
4	Type	Part Time																																																													
5	Nos Of Days / Week	6 Days																																																													
6	Nos Of Hours /Days	4 hrs.																																																													
7	Space Required	1) Workshop = 300 sqfeet 2) Class Room = 200 sqfeet TOTAL = 500 sqfeet																																																													
8	Entry Qualification	S.S.C. appeared																																																													
9	Objective Of Syllabus/ introduction	Work as a beautician																																																													
10	Employment Opportunity	This course for Assisting Qualified person.																																																													
11	Teacher’s Qualification	Diploma/Certificate in related course																																																													
12	Training System	Training System Per Week <table><tr><td>Theory</td><td>Practical</td><td>Total</td></tr><tr><td>6hrs</td><td>18hrs</td><td>24hrs</td></tr></table>						Theory	Practical	Total	6hrs	18hrs	24hrs																																																		
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13	Exam. System	<table><tr><td>Sr. No.</td><td>Paper Code</td><td>Name of Subject</td><td>TH/PR</td><td>Hours</td><td>Max. Marks</td><td>Mini. Marks</td></tr><tr><td>1</td><td>40520111</td><td>Anatomy and Physiology</td><td>TH - I</td><td>3 hrs.</td><td>100</td><td>35</td></tr><tr><td>2</td><td>40520112</td><td>Herbal Treatment</td><td>TH - II</td><td>3 hrs.</td><td>100</td><td>35</td></tr><tr><td>3</td><td>40520113</td><td>Cosmetology</td><td>TH - III</td><td>3 hrs.</td><td>100</td><td>35</td></tr><tr><td>4</td><td>40520121</td><td>Skin Treatment</td><td>PR - I</td><td>3 hrs.</td><td>100</td><td>50</td></tr><tr><td>5</td><td>40520122</td><td>Hair Care</td><td>PR - II</td><td>3 hrs.</td><td>100</td><td>50</td></tr><tr><td>6</td><td>40520123</td><td>Make -up Artist</td><td>PR - III</td><td>3 hrs.</td><td>100</td><td>50</td></tr><tr><td></td><td></td><td>Total</td><td></td><td></td><td>600</td><td>255</td></tr></table>						Sr. No.	Paper Code	Name of Subject	TH/PR	Hours	Max. Marks	Mini. Marks	1	40520111	Anatomy and Physiology	TH - I	3 hrs.	100	35	2	40520112	Herbal Treatment	TH - II	3 hrs.	100	35	3	40520113	Cosmetology	TH - III	3 hrs.	100	35	4	40520121	Skin Treatment	PR - I	3 hrs.	100	50	5	40520122	Hair Care	PR - II	3 hrs.	100	50	6	40520123	Make -up Artist	PR - III	3 hrs.	100	50			Total			600	255
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Syllabus :- BEAUTY CULTURE

THEORY PAPER-I ANATOMY AND PHYSIOLOGY

1. Personal, Hygiene, Sanitation, First Aid, Sterilization, Antiseptics
2. Structure of Cells in short. Function of the Cells, Contagious Diseases, Air Borne, Water Borne, Aids.
3. Skin Structure and Functions.
4. Vitamin Deficiency manifestations.
5. Breast in details.
6. Hair : Structure, Function, Types, Shapes and Disorders.
7. Nails : Structure, Function and Disorders.
8. Basics Introduction of the System :
Digestive, Excretory, Muscles, Head and Shoulders.
1) Circulatory System Endocrine system in detail.
2) Skeleton system
9. Cosmetics, Scope, Limitations and Surgical Intervention of Surgery in Cosmetology.
10. Introduction of Powders, Soaps, Emulsion, Oints, Stick, Paste.
11. Cosmetics, their Applications and uses.
12. A. **For Hair** : Shampoo, Hair Spray
Hair Setting Lotions, Gel and Dyes.
B. **For Face** : Lotion, Creams, Astringent, Tanners, Moisturizer, Bleaches and face Mask
C. **For Makeup** : Foundation Cream, Rouge, Power, 1) History of make up
Eye Shadows, Eyeliner, Mascara. 2) Knowledge of different types of make-up
D. **For Nails** : Nail Polish, Cuticle Softener, Nail Tips, Cuticle Cream
Structure of Nail
Disorder of Nail
13. Effect of Electric Current and Heat. Effect of Heat and Light on Body. Safety Precautions while using Electrical. Gadgets, High Frequency Massager, Galvanic Curler, Hair Dryer Faradic, Sinusoidal.
14. Allergy and Immunity.

THEORY PAPER-II HERBAL TREATMENT

1. Sterilization of Combs and Brushes,
Metallic Implements, Cutting Instruments,
Manicure, Pedicure Implements.
2. Recognition of Skin Types, Basic Massage to
remove tension and tone up the skin type.
Exercise of Neck and Face, Vapour and Steam Treatment
Applying of Mask, Removal of blemishes, Black heads,
White heads, pimple skin open pores.
3. Treatment of Superficial, Hair, Waxing, Bleaching.
4. **Make up** : Corrective Makeup, Choosing correct shades
Eyebrow Shaping, Types of Eyebrow, Threading, Eyelash Fixing,
Dying brows, Eye Makeup, Lips and Cheeks coloring.
5. **Manicure and pedicure** : Cuticle Removing, Shaping,
Massage, Application of Varnish.
6. **Body Massage** : Effects of Massage on the Body,
Slimming Machines, their use.
7. **Saloon Setup** : Planning : Layout Colour Scheme, Idle Plan.
 - i. Ventilation.
 - ii. Water Systems and Connections of Wash Basins,
Geysers, Toilet etc.
 - iii. Electricity Connections for lights Gadgets
and Machines, their exact positions.
 - iv. Storing and Preparation of Laboratory for Cosmetics.
 - v. Arrangements of the Tools and Trolleys.
 - vi. Daily routine of Cleaning and Sterilizing Tools, Towels etc.
 - vii. Arrangement of Treatment Table and Beauticians working position.
 - viii. Display Window Dressing.

THEORY PAPER-III COSMETOLOGY

- 1) Meaning and causes of superfluous hair.
- 2) Method of hair removal.
 - a) Temporary
 - b) Permanent
- 3) Types of temporary method of hair removal.
 - a) Epilation
 - b) Depilation
- 4) Precaution
- 5) Benefits of hair removal method.

MASSAGE :-

Facial :- meaning of massage and Benefits of massage.

Massage :- Types of massage and precautions.

Facial :-

- 1) Skin Analysis and History of facial.
- 2) Treatment for dry, oily, Normal and combination
- 3) Facial Manipulation
- 4) Pack and Mask
- 5) Benefits of pack and mask.
- 6) Movements of facials.
- 7) Assorted types of facials.

Practical III Make up practical :-

- 1) Corrective make - up
- 2) Bridal Make-up
- 3) Day Make-up
- 4) Oily Make-up
- 5) Party Make-up
- 2) Eyebrow Practical
- 3) Bleaching :- 1) Power Bleach
- 2) Cream Bleach

PRACTICAL-I, SKIN TREATMENT

Skin Care Formula for :

Facial Oily Skin, Dry skin, Spots and Blemishes,

Glowing Complexion, Dark Circles around Eyes,

Chronic Pimples, Wrinkles, Prickly Heat, Superfluous Hair,

Cracks on Feet, Hypopigmentation, Brittle Nails.

1. **First Aid** : Cuts, Burns, Fractures, Nose Bleeding, Fainting, Epilepsy, Electric Shock and Emergencies. Treatment of Allergy.
2. **Food and Diet** : Advice to the client on diet and food habits e.g. : what is dieting and balanced diet.
3. **Skin** : Recognition of Skin Type : Oily, Dry, Normal. Combination and Dark Neck Remedies.
Skin :- 1) Combination Skin 2) Oily skin
3) Dry skin 4) under Eye circles.

4. **Facial** : Basic Massage, Choice of Treatment suitable to Skin Condition, Steps to be followed for doing full Facial, Preparation Face Pack, Packs for different Skins e.g. : Oily, Dry, Enlarged Pores.
5. **Bleaching** : Bleaching of Face, Hands and special care of Dark Elbows.
6. **Removal of Hair** : Temporary Hair Removal, Waxing, Permanent Hair Removal , Electrolysis.
 - 1) Removal of Hair
 - a) Temporary method
 - 1) Epilation - Waxing, threading
 - 2) Depilation - Chemical depilation.
 - b) Permanent method
 - 1) Electrolysis
7. **Exercise of Neck and Face.**
8. **Vapour and Steam Treatment.**
9. **Facial Treatment** : Removal of Blemishes, Black Head, Pimple Treatment etc.
Facial :- 1) Galvanic facial 2) Basic facial 3) Thermo Herb facial.
Facial treatment :- 1) Pimple treatment 2) Blackhead treatment
3) Pigmentation treatment 4) High frequency for skin.
10. **Manicure** : Care of Hands, Shaping of Nails, Breaking of Nails and How to Treat them, Application of Nail Polish and Fixing of false Nail.
11. **Pedicure** : Care of feet, Treatment of Corns and exercise of Feet.
12. **Eyebrows** : Treading and Plucking, Eyebrow shaping, shading Eyebrows, making Eyebrows as per shape of the face.
13. **Polse & Posture** : Right way to stand, sit, bend etc.

PRACTICAL II, HAIR CARE

1. **First Aid** : Cuts, Burns, Fractures, Nose Bleeding, Fainting, Epilepsy, Electric Shock and Emergencies. Treatment of Allergy.
2. **Food and Diet** : Advice to the client on diet and food habits e.g. : what is dieting and balanced diet.
3. **Hair Care Formula for** : Dandruff, Hair Loss, Split Ends, Lice, Hair Glow, Gray Hair, Hair Wash, To make Herbal hair Oil.

4. **Mehandi Decoration and Mehandi Treatment for Hair.**
5. **Things to Increase your Beauty** : Body Massage by hands and using Electric Gadgets.
6. **Hair** : Care of Scalp and Hair, Oil Treatment, Hand Massage, Steam with Towels, Heat with Infra Red Lamp, Vibrator Massage, High Frequency Treatment for falling Hair and Dandruff.
7. **Shampooing** : Procedure for Shampooing.
8. **Hair Cutting** : Techniques and basic methods used in hair cutting. Different types of Hair Cut, like Straight, Convex, Concave, U, Shallow U, Round Halo, all round, Hints for the Cutter.
9. **Hair Setting or Hair rolling** : Factors to be considered while styling. Setting of Wet and Dry Hair, Curling using Electric Iron Rod, Braiding – different types of Braids, at least 10 types of Hair Styles.
10. **Hair Bleaching or Dying** : Chemical Hair Dye, Henna Hair Dye, Vegetable dying.
11. **Waving or Perming** : Temporary Waving, Permanent Waving, Procedure of Waving.
12. **Mehandi Decoration.**
 - 1) Manicure
 - 2) Pedicure
 - 3) Hair :-
 - 1) Head massage
 - 2) Dandruff treatment
 - 3) High frequency for scalp
 - 4) Body massage :- Body massage with hand and using electric gadgets.

Practical III :- Make-up Artist

1. **First Aid** : Cuts, Burns, Fractures, Nose Bleeding, Fainting, Epilepsy, Electric Shock and Emergencies. Treatment of Allergy.
2. **Food and Diet** : Advice to the client on diet and food habits e.g. : what is dieting and balanced diet.
3. **Makeup** : Corrective Makeup, Party Makeup, Oily Makeup for dry skin.
4. **Eye Makeup** : Selection of Eye shadow colour, use of Eyeliner use of Mascara suitable Mascara Shade and Application. Fixing false Eyelashes. How to highlight eyes. How to make eyes look big and bright, dark circles under the eyes and how to remove them.

5. **Face Makeup** : Shapes of faces e.g. : Oval, Round, Square, etc. How to do full face Foundation make up. Application of rouge, powder and cream.
6. **Lips Makeup** : Different type of Lips, how to apply Lipstick, corrective Makeup for lips.

Practicals should be done by each candidate by drawing Chit at Random.

**LIST OF TOOLS, EQUIPMENT AND
FURNITURE FOR A BATCH OF 25 STUDENTS**

Sr. No.	Description	Quantity
1)	Massage / Vibrator	1
2)	Sauna Facial	1
3)	Geyser 25 Lit.	1
4)	Front/ back washbasin	2
5)	Hot Cold Spray unit	2
6)	Sterilizing unit dry	1
7)	Sterilizing unit wet	1
8)	Trolleys	3
9)	Border's Scissors	25
10)	Scissors Thinning	25
11)	Barber's Razor	25
12)	Hand Chipper	12
13)	Machine Chipper	12
14)	Combs Large	25
15)	Combs Tail	25
16)	Brushes Soft	25
17)	Brushes Round	25
18)	Plastic Bins	25
19)	Mirrors	25
20)	Manicure, pedicure sets	25
21)	Black head removers	25
22)	Emersion rod 1000 watts	2
23)	Buckets enameled (10 Lit)	1

24)	Heater 1000 watts	1
25)	Pan aluminium	1
26)	Round Dunlop cushion for Pedicure	8
27)	Infrared Lamp	2
28)	Tweezers	25
29)	Rollers Small	25
30)	Rollers Small	25
31)	Chips Small	25
32)	Chips Large	25
33)	Wigs assorted	4
34)	Switches assorted	4
35)	Round Basin Plastic 6 Lts.	8
36)	Bath mugs 0.250 Lts.	2
37)	Jugs 0.75 Lts.	2
38)	Bowl Plastic	25
39)	Roll on Brush	25
40)	Soft Brush	25
41)	Scalp Steamer	1
42)	Heating Cap	1
43)	Ozone	-
44)	Ultra Violet Lamp	1
45)	Electric Roller	1

FURNITURE

Sr. No.	Description	Quantity
1)	Instructor's Table	1
2)	Instructor's Chair	1
3)	Almirah 180 x 90 x 45 cms.	2
4)	Facial Bed / Chair	1
5)	Trainees Lockers	25
6)	Pedicure / manicure table	2
7)	Chowkies for pedicure	2
8)	Air conditioner 1½ tons (optional)	2
9)	Settee	1
10)	Black board folding Type	1
11)	Chair for trainee	25
12)	Reception desk	1

RAW MATERIAL & LINEN

1)	Roller net	12
2)	Stuffing for hair setting	12
3)	Foot Scraper with emery paper	20
4)	Dye brush	20 Pairs
5)	Hand gloves	20
6)	Elasto Crape Bandage 3"	20 Rolls
7)	Hair net	20
8)	Emery Board	40 Pkts.

LINEN

1)	Blanket	1
2)	Sheets for cutting	10
3)	Curtains	as required
4)	Dusters	10
5)	Dusters Coats	10
6)	Towels Large 180 x 90 cms.	12
7)	Towels medium 120 x 60 cms.	12
8)	Towels small 60 x 30 cms.	12
9)	Towels face 45 x 25 cms.	12
